



RELEASE OF LIABILITY WAIVER FORM

By registering in classes provided by Warrior Kids Yoga and in consideration of the services to be provided by Warrior Kids Yoga, do hereby release and discharge Warrior Kids Yoga and its officers, owners, contractors, and employees as follows:

- I understand that yoga is an activity that involves physical movements and opportunities for relaxation, stress reduction, and relief of muscular tension.
- As in the case with any physical activity, the risk of physical injury, whether minor or serious and disabling, cannot be entirely eliminated. I know of no physical or mental condition that would prevent my children from participating in yoga activities, exercise or instruction. I will inform the instructor of any health or mental conditions that may prevent my child from safe participation in yoga or if any modifications are necessary for my child to safely participate.
- Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and is not safe under certain medical conditions. I understand that I alone am responsible for keeping the instructor informed of my child's health needs and deciding if she/he should practice yoga.
- I have fully read this Release of Liability Waiver Form carefully. I voluntarily give up certain legal rights and possible claims, demands, and rights of action which are or may be related to or arise out of my child's participation in yoga instruction, and release Warrior Kids Yoga, its officers, owners, contractors and employees from any omissions, acts or negligence of any sort.
- I understand that photographs of my child may be taken during class and give Warrior Kids Yoga permission to use photographs of my child for promotional purposes. I understand that my child will not be identified by name, nor will any compensation be extended for such use. I will inform Warrior Kids Yoga in writing if I do not wish my child to be photographed.